

Application Instructions Ankle Foot Orthosis

Notice: This device is intended for the use only under the direction of a medical professional. If you experience any pain, swelling, sensation changes or any unusual reactions while using this product, consult your medical professional immediately.

How to use:

1 - Sit in a chair. Place the foot into the brace as shown.



2 - Wrap the calf strap around the leg

3 - Put on a lace up shoe.

Use and care:

The brace may be washed in warm water with a mild detergent. Rinse thoroughly and towel dry.

Fitting chart

Size	Men's shoe size	Women's shoe size
small	5-7.5	3-6
medium	7.5-10	6-9
large	10-13	9+



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