

Boost® Nutritional Pudding Chocolate

Key Benefits

- Nutritional pudding with 230 nutrient-rich calories per 5 oz cup
- 7 g high-quality protein
- 24 vitamins and minerals
- Creamy pudding provides texture variety

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutritional Features

	Boost® Nutritional Pudding Chocolate
kcal/mL	1.6
Caloric Distribution Protein (% of kcal)	Protein 12% Carbohydrate 56% Fat 32%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	5
Calcium (mEq)	13
Potassium (mEq)	9
Chloride (mEq)	
NPC:N Ratio	179:1
MCT:LCT Ratio	
n6:n3 Ratio	7:1
Free Water (%)	66
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Milk Protein Concentrate
- Cocoa Processed with Alkali
- Calcium Caseinate (Milk)
- Sodium Caseinate (Milk)

Fat Source

- Canola Oil
- High Oleic Sunflower Oil
- Corn Oil
- Cocoa Processed with Alkali

Carbohydrate Source

- Sugar
- Maltodextrin
- Modified Cornstarch
- Cocoa Processed with Alkali

Fiber Source

Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- Reduced appetite
- Fluid restriction
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk

Nutrition Facts

NUTRITION INFORMATION

NUTRIENT COMPOSITION	142g	1000mL
Calories	kcal	230
Total Fat	g	8
Sodium	mg	115
TOTAL CARBOHYDRATE	g	32
Dietary Fiber	g	0
Sugar	g	14
Protein	g	7
Vitamin D	mcg	2
Calcium	mg	250
Iron	mg	2.7
Potassium	mg	350
Vitamin A		
Retinol	mcg	
B-Carotene	mcg	
Vitamin C	mg	36
Vitamin E	mg	10
Vitamin K	mcg	20
Thiamin	mg	0.2
Riboflavin	mg	0.3
Niacin	mg	3
Vitamin B6	mg	0.4
Folic Acid	mcg	80
Vitamin B12	mcg	1.2
Biotin	mcg	45
Pantothenic Acid	mg	1.5
Phosphorus	mg	250
Iodine	mcg	23
Magnesium	mg	60
Zinc	mg	3
Selenium	mcg	11
Copper	mg	0.3
Manganese	mg	0.4
Chromium	mcg	30
Molybdenum	mcg	19
Chloride	mg	
Choline	mg	20
L-Carnitine	mg	
Taurine	mg	
Inositol	mg	
Water	g(mL)	93

Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten Free
- Kosher

Important Notes:

Ingredients

WATER, SUGAR, MALTODEXTRIN, VEGETABLE OIL (CANOLA, HIGH OLEIC SUNFLOWER, CORN), MILK PROTEIN CONCENTRATE, MODIFIED CORNSTARCH, AND LESS THAN 2% OF CORN SYRUP SOLIDS, COCOA PROCESSED WITH ALKALI, CALCIUM CASEINATE, SODIUM CASEINATE, POTASSIUM CITRATE, MAGNESIUM PHOSPHATE, CALCIUM PHOSPHATE, SODIUM STEAROYL LACTYLATE, SODIUM POLYPHOSPHATE, POTASSIUM CHLORIDE, SODIUM ASCORBATE, SALT, CHOLINE CHLORIDE, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR, DL-ALPHA TOCOPHERYL ACETATE, SODIUM PHOSPHATE, STEVIA LEAF EXTRACT (SWEETENER), FERRIC PYROPHOSPHATE, ASCORBIC ACID, ZINC SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, COPPER SULFATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, BETA-CAROTENE, VITAMIN A PALMITATE, FOLIC ACID, BIOTIN, CHROMIUM CHLORIDE, POTASSIUM IODIDE, VITAMIN K1, SODIUM SELENITE, SODIUM MOLYBDATE, VITAMIN D3, VITAMIN B12

DRI

Coverage

Product Codes

	Boost® Nutritional Pudding Chocolate 12 x 4 x 5 oz
NDC-Format Number	41679-0946-03
Case UPC	00041679946039
Each UPC	00041679946435
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